

Making Connecticut Safer Two Hands at a Time



HAND WASHING IN SURGERY CENTERS

A patient's healthcare team consists of all the people that come in contact with him or her at the Surgery Center. This includes all the healthcare workers—doctors, nurses, and assistants. It also includes the patient's friends and family. Everyone on the healthcare team should wash their hands before they touch the patient—that means everything from taking blood pressures to giving a hello hug to a friend.

VIRUSES

Some viruses and bacteria can live from 20 minutes up to 2 hours or more on surfaces like tables, doorknobs, and desks.



THE RESTROOM

Recent surveys have found that while over 9 out of 10 people claim they always wash up after using the restroom, only about 3 out of 4 actually do.



REDUCING HEALTHCARE-ASSOCIATED INFECTIONS

Patients can sometimes be at risk for healthcare-associated infections. Hand washing is an important step in reducing the spread of infections in Surgery Centers and in the community.



YOUR ROLE

As a patient, family member, or visitor, you have a role to play in reducing healthcare-associated infections. Wash your hands using soap and water or an alcohol-based gel. It's okay to ask others to wash their hands. Remember to thank them. Remember to wash your hands before and after your visit. (And before and after you eat, too!)



Protect your family, your friends, and your community. Remember to wash your hands.